



The Surgical Institute of Alabama is a licensed multi-specialty surgery center, using state of the art equipment and technology combined with a highly skilled and compassionate staff to deliver care in a cost-effective manner to Vestavia, Birmingham, and its surrounding communities.

Our team is dedicated to maintaining a personalized health care environment that produces the finest clinical outcomes, highest customer service and patient, surgeon and employee satisfaction.

Address: Surgical Institute of Alabama | 1021 Montgomery Highway Suite 100 | Vestavia Hills, Alabama 35216

Phone: *office* 205.421.4803
fax 205.421.4804

PATIENT CHECKLIST

A nurse will call you to review your medical history and pre-operative instructions approximately one-three days before your surgery date.

To maintain efficiency in our surgery schedule, surgery times will often be adjusted, for that reason we normally call you on the day prior to surgery to provide your arrival time and additional instructions.

Expect a call from one of our surgery center representatives to discuss your financial responsibilities.

The staff and physicians of Surgical Institute of Alabama are looking forward to providing your care.

Surgery Date: ____ / ____ / _____

Anticipated Time: ____ : _____

Your Physician: Dr. _____

NOTES: _____

REMINDER-FOR YOUR DAY OF SERVICE

1. Bring Driver's License or Photo ID.
 2. Bring Insurance Cards.
 3. Bring Method of payment.
 4. Remove all jewelry, leave at home.
 5. Bring someone to drive you home (Must be 18 or older).
 6. Bring Reading glasses (if needed).
 7. Wear loose clothing.
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PREPARING FOR YOUR SURGERY

1. We will take great care of you and your family.
2. DO NOT eat or drink anything after midnight the night before surgery or the morning of your surgery, ***unless specifically advised by your surgeon & their pre-procedure protocol***. This is needed to allow safe anesthesia to be administered. If you have questions, please reach out to the surgery center or your surgeon's office the day before your scheduled surgery.
3. DO NOT wear any makeup, contact lenses, nail polish, perfume, lotions, jewelry.
4. Know or bring a list of any and all medications, herbs, supplements that you routinely take and follow your doctor's instructions about taking medications before surgery.
5. Wear clothing that is loose fitting and easily changed.
6. You will need a driver as you will not be able to operate a motor vehicle following surgery. You will need an adult driver that can safely transport you home. Your driver must stay at the center during your time here.
7. You will need a responsible adult with you for at least 24 hours following surgery.

AFTER SURGERY

1. You are advised to go directly home from the surgery center.
 2. Be sure to follow your surgeon's orders about diet, rest, medications, and activity.
 3. A nurse will call you a day or two after your surgery to see how you are doing and to answer any questions that you may have.
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INSURANCE AND BILLING

1. Before your surgery date, you will be contacted with your estimated insurance coverage and amount of your co-pay, deductible, and/or co-insurance. You should contact your insurance company directly if you have questions about specific benefits and coverage.
 2. Additional charges may be associated with your surgery, which are billed and payable separately from the Surgical Institute of Alabama charges:
 - Anesthesia services
 - Surgeon fee
 - Lab fees
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MAP AND DIRECTIONS

From the North:

Take I-65 SOUTH toward Birmingham
Follow I-65 SOUTH to Montgomery Hwy NORTH-/Hwy 31, Exit 252 on the right going SOUTH
From this exit, take a LEFT onto Montgomery Hwy NORTH/Hwy 31
Travel approximately 2.1 miles, then take a RIGHT onto entrance to the surgery center, crossing over a service road
You will enter the parking lot of the surgery center building
Go straight toward the opposite side of the building once you have entered the parking lot
Park near the main entrance to the building
Once in the lobby, go to the receptionist desk on the first floor. The surgery center is located on the first floor

From the South:

Take I-65 NORTH toward Birmingham
Follow I-65 NORTH to Montgomery Hwy NORTH/Hwy 31, Exit 252, on the right going NORTH
From this exit, take a RIGHT onto Montgomery Hwy NORTH/Hwy 31
Travel approximately 2.1 miles, then take a RIGHT onto entrance to the surgery center, crossing over a service road
You will enter the parking lot of the surgery center building
Go straight toward the opposite side of the building once you have entered the parking lot.
Park near the main entrance to the building
Once in the lobby, go to the receptionist desk on the first floor. The surgery center is located on the first floor

MAP AND DIRECTIONS

From the East:

From I-20/59 SOUTH, take 459, Exit 136, to Montgomery/Tuscaloosa (from I-20, merge toward left lane to access this exit)

From 459, take I-65 NORTH to Birmingham, Exit 15, stay in far RIGHT lane once on this exit to get on I-65 NORTH

Follow I-65 NORTH to Montgomery Hwy NORTH/Hwy 31, Exit 252, on the right going NORTH

From this exit, take a RIGHT onto Montgomery Hwy NORTH/Hwy 31

Travel approximately 2.1 miles, then take a RIGHT onto entrance to the surgery center, crossing over a service road

You will enter the parking lot of the surgery center building

Go straight toward the opposite side of the building once you have entered the parking lot.

Park near the main entrance to the building

Once in the lobby, go to the receptionist desk on the first floor. The surgery center is located on the first floor

From the West:

From I-20/59 NORTH, Take 459, Exit 106 toward Birmingham/Gadsden

Take I-65 NORTH to Birmingham, exit 15, merge onto the far LEFT lane once on this exit to get on I-65 NORTH

Follow I-65 NORTH to Montgomery Hwy NORTH/Hwy 31, Exit 252, on the right going NORTH

From this exit, take a RIGHT onto Montgomery Hwy NORTH/Hwy 31

Travel approximately 2.1 miles, then take a RIGHT onto entrance to the surgery center, crossing over a service road

You will enter the parking lot of the surgery center building

Go straight toward the opposite side of the building once you have entered the parking lot.

Park near the main entrance to the building

Once in the lobby, go to the receptionist desk on the first floor. The surgery center is located on the first floor

